

Northborough Fire Department in Service Training

Lesson 16 – Long Lug Out

Objective

To understand the skills necessary to perform the Long Lug Out Escape.

Equipment needed

PPE, SCBA, 150 1 $\frac{3}{4}$ hand line

Important points to discuss

If a firefighter becomes lost or disoriented in a building fire, or becomes separated from the rest of the company and comes across a hose line, the hose line can be used to find your way out of a building. This technique is known as the "Long Lug Out Escape Method".

Operation

Look at a piece of hose; look at the male and female couplings. Note that the female coupling has short lugs on the swivel of the coupling while the male has long lugs on the shank. Think for a moment – which side of the coupling would be at the pump? Under normal circumstances the female is connected to the pump or pre-connect. The male coupling is connected to the nozzle. Using this logic, if a firefighter finds a coupling, he or she can determine the way out of a building by feeling the lugs on the coupling.

